

Loving Kindness

I've been married for thirty years, most of them good, but I'd be lying if I said they were all good. We have had our share of good times over the years: having babies, buying a house, exotic vacations, in-laws, puppies, etc. And we have had our share of trying times over the years as well: having babies, buying a house, exotic vacations, in-laws, puppies, etc. Pretty much like every other married couple.

The last several weeks would fall under the category of trying times. I have been dealing with some lower back pain due to a health condition. Getting comfortable in bed at night can be a real chore. I had struggled several nights in a row with restlessness, and finally after multiple nights of no sleep, I was able to fall asleep in my recliner in the living room.

When I woke up I realized it was the middle of the night. I lay there a moment thinking how sweet it was of my family to leave me in the chair as I had finally found sleep. They had even cared enough to take off my glasses, cover me up with my favorite blanket and plug in my cell phone so I'd have a full charge in the morning.

Then I looked over past the other side of the end table. There was my husband, sound asleep, in the other recliner. My eyes filled with tears and started running down my cheeks. He could have just left me in my recliner and gone off to bed to get a good night of rest without me tossing and turning next to him. But nope! There he was in his recliner three feet away from me, just so he would be close if I needed him. That is real kindness.

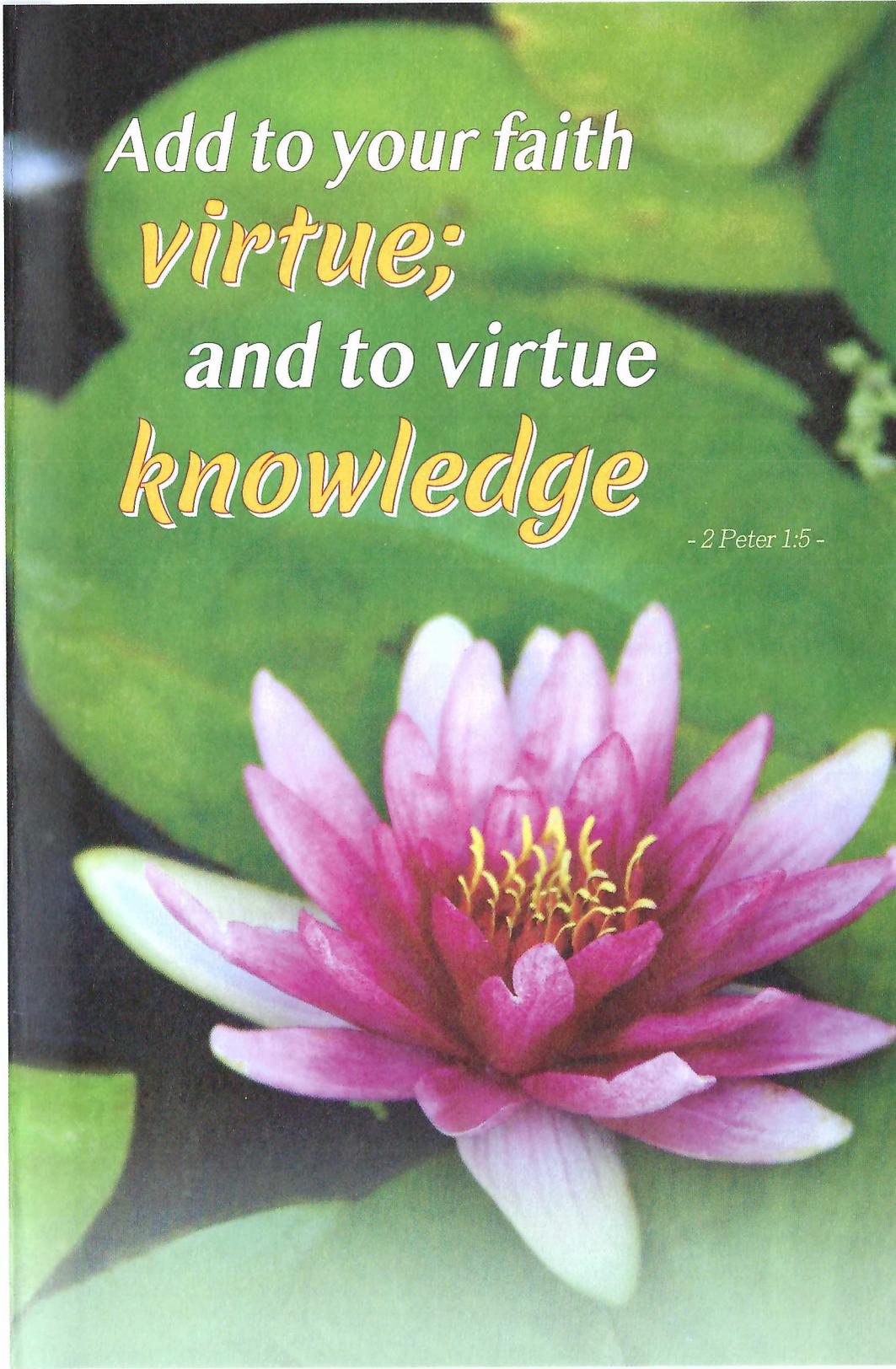
"... Be ye kind to one another, tenderhearted . . ." (Ephesians 4:32).
"The fruit of the Spirit is love . . . gentleness, goodness . . ." (Galatians 5:22).

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Add to your faith
virtue;
and to virtue
knowledge

- 2 Peter 1:5 -



Covenant Church

3115 N.W. 16th Avenue Gainesville FL 32605

May 21, 2022

Call to Worship

Sounds of Hope

Invocation

Don Mauldin

Sing Unto the Lord

Hymn #737 Like a River Glorious

Welcome and Announcements

Recognition of Guests

Mission Moment

Birthdays and Anniversaries

Worship in Song

Hymn #750 Peace Like a River

Offertory Prayer

Craig Alexander

Offertory

Rose Morgan

Special Music

Sounds of Hope

Sermon:

Reverend Don Mauldin

Scripture:

Hymn of Benediction

Pastor Don Mauldin

352-262-5349

Covenant News

Covenant Ministries

Our ministry for May is the Arbor House. Arbor House provides affordable housing in a communal setting to working mothers with children. There are 13 rooms available for rent, where residents get their own room, but share bathrooms, kitchen, and living room with other tenants. Each family works with a case manager to design a plan to move to self-sufficiency.

Suggestions for Living

1. Give people more than they expect and do it cheerfully.
2. When you say, "I love you," mean it.
3. When you realize you have made a mistake, take immediate steps to correct it.
4. Don't let a little dispute injure a great friendship.
5. When you lose, don't lose the lesson.
6. Smile when answering the phone, the caller will hear it.
7. Don't judge people by their relatives.
8. When you say, "I'm sorry," look the person in the eye.
9. Love deeply and passionately. You might get hurt but it's the only way to live life completely.
10. Remember the three R's. Respect for self, respect for others and responsibility for your actions.